

# AUSTIN HINCHEY

Perspective & Resilience

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My Story





























What I've Learned

“I’ll believe it when I see it”

“You’ll see it when you believe it”

“Fake it until you make it”

“Act as if you want to be”

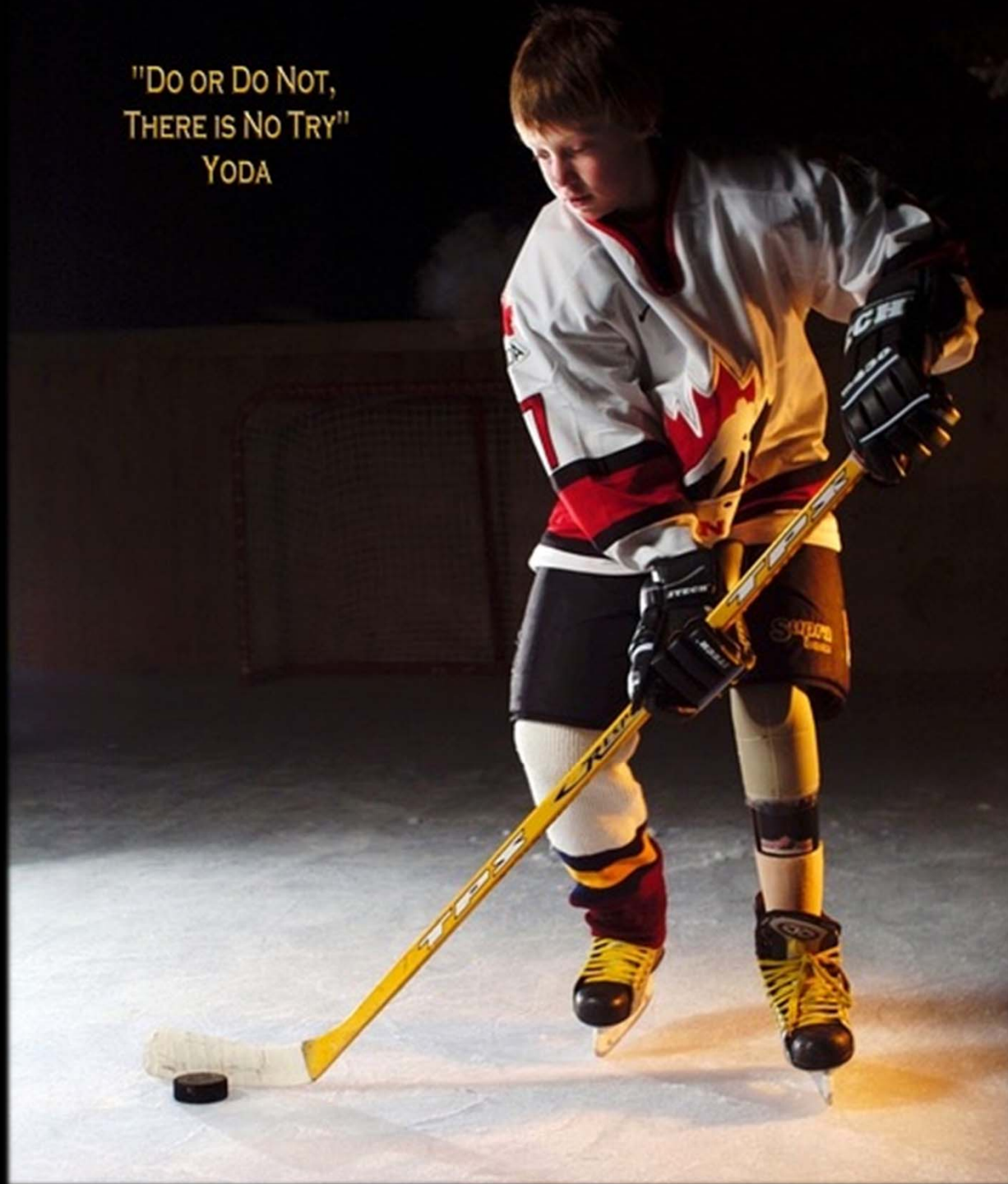
Your beliefs become your thoughts,  
your thoughts become your words,  
your words become your actions,  
your actions become your habits,  
your habits become your values,  
and your values become your destiny.

Gandhi

If you believe you can or  
you cant, you are right.

Henry Ford

"DO OR DO NOT,  
THERE IS NO TRY"  
YODA



AUSTIN HINCHEY

# Attitude, The Difference Between An Ordeal And A Journey

There are many words that can be used to describe our July cover model. Awe-inspiring. Motivational. Resilient. Austin Hinchey suits each of those both on and off the volleyball court.

Born with Congenital Pseudarthrosis (brittle bone disease), Austin was involved in many sports as a child. His family recognized the importance of sport and staying active and he remembers always having sports equipment of every type around the house while growing up. Both of his parents were collegiate athletes - his father playing basketball and volleyball at Mount Royal University while his mother played volleyball and ran cross-country with Red Deer College.

PHOTOS BY JEFF KELLY  
AT THE BASE BY RVH





Thank you